The International Index of Erectile Function (IIEF-5) Questionnaire

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Name (optional): _____ **Age:** _____ yrs **Date:** ____ / ____ / 20____

Consider your sexual life over the **past 6 months** (or since surgery/treatment during follow-up). Mark a single answer per question and sum all 5 items. **Over the past 6 months:**

1. How do you rate your confidence that you could get and keep an erection?

- ☐ **1** · Very low
- ☐ **2** · Low
- ☐ **3** · Moderate
- ☐ **4** · High
- ☐ **5** · Very high

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?

- ☐ **1** · Almost never/never
- ☐ **2** · A few times (much less than half the time)
- ☐ **3** · Sometimes (about half the time)
- ☐ **4** · Most times (much more than half the time)
- ☐ **5** · Almost always/always

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?

- ☐ **1** · Almost never/never
- ☐ **2** · A few times (much less than half the time)
- ☐ **3** · Sometimes (about half the time)
- ☐ **4** · Most times (much more than half the time)
- ☐ **5** · Almost always/always

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

- ☐ **1** · Extremely difficult
- ☐ **2** · Very difficult
- ☐ **3** · Difficult
- ☐ **4** · Slightly difficult
- ☐ **5** · Not difficult

5. When you attempted sexual intercourse, how often was it satisfactory for you?

- ☐ **1** · Almost never/never
- ☐ **2** · A few times (much less than half the time)
- ☐ **3** · Sometimes (about half the time)
- ☐ **4** · Most times (much more than half the time)
- ☐ **5** · Almost always/always

TOTAL IIEF-5
_____ / 25

22-25	17-21	12-16	8-11	5-7
No erectile dysfunction	Mild erectile dysfunction	Mild to moderate erectile dysfunction	Moderate erectile dysfunction	Severe erectile dysfunction

Clinical note: Standard interpretation bands (5 to 25 points) are validated for men who attempted sexual intercourse during the recall period. If zero-activity options apply, review directly with your urologist.
New or worsening erectile dysfunction should also be evaluated as an early marker of cardiovascular and metabolic health, alongside effective step-by-step rehabilitation options.

Scientific validation & source: Rosen RC, Cappelleri JC, Smith MD, Lipsky J, Peña BM. Development and evaluation of an abridged, 5-item version of the International Index of Erectile Function (IIEF-5) as a diagnostic tool for erectile dysfunction. Int J Impot Res. 1999 Dec;11(6):319-326. doi:10.1038/sj.ijir.3900472. PMID: 10637462.